

## Health and Wellbeing Board

23<sup>rd</sup> May 2019

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### Subject: Learning Disability (LD) Review

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#### **Executive Summary**

The Director of Adult Social Care Operations, Mental Health and Learning Disabilities (Wiltshire Council) and the Acting Commissioning Director (Maternity, Children and Mental health – Wiltshire Clinical Commissioning Group) are at the Health and Wellbeing Board, 23<sup>rd</sup> May 2019 to provide an update on Learning Disability Services for the population of Wiltshire and to highlight the intended direction of travel.

#### **Proposal(s)**

It is recommended that the Board notes the decision to co-produce a review of Learning Disability service delivery, which will be incorporated into a Whole Life Pathway approach via the FACT programme.

#### **Reason for Proposal**

Adults with a Learning Disability in Wiltshire who require care and support from Adult Social Care are supported by the Community Team for People with a Learning Disability (CTPLD).

This is a co-located but not fully integrated health and social care team. The health element of the service is run by Wiltshire Health and Care, commissioned via Wiltshire Clinical Commissioning Group (CCG) and the social care service by Wiltshire Council.

Over 1,000 people are currently receiving paid for care and support via CTPLD which has an adult social care budget in 2019/20 of £50,350,000. For several years the Learning Disability council budget has been significantly over spent (18/19 by £2,400,000).

Wiltshire Council (adult social care) also has a number of 'Learning Disability Inhouse Provider Services' which consist of:

3 residential respite units:

- Bradbury House: a 9 bed unit in Salisbury serving currently 35 people and which has a Requires Improvement CQC rating
- Bradbury Manor: a 9 bed unit in Devizes serving currently 45 people which has a Requires Improvement CQC rating
- Meadow Lodge: a 4 bed unit in Chippenham serving currently 25 people which has a Good CQC rating

5 days services which are not currently CQC registered these are:

- The Meadows: based in Salisbury working with 60 people
- The Yarn: based in Devizes working with 45 people
- The Wave: based in Warminster working with 15 people
- The Medley: based in Trowbridge working with 45 people
- Riverbank: based in Chippenham working with 60 people

The Council also runs a Shared Lives scheme (rated as Good under CQC), which works across adult social care and currently supports 20 carers, who provide long term placements for 27 service users. There is a plan in place to strengthen this scheme across adult social care.

Wiltshire CCG and Council have acknowledged that a review of the current Learning Disability and Autism Spectrum (ASD) pathway is required at both a local (place-based) and at scale level to improve outcomes for individuals and families and reduce preventable attendances and admissions to statutory services.

The CCG also has a strong focus on reviewing the Daisy Unit, which provides inpatient support to four Learning Disabled residents, following a CQC inspection and recommendations.

During the last few years joint strategic commissioning activity for Learning Disabilities and ASD has been limited across adult health and social care services and as a result this has led to insufficient services being made available to people with Learning Disabilities and those on the Autism Spectrum and their carers.

The current Learning Disability offer is traditional, and has led to an over reliance on in house service provision, which currently does not promote resilience for individuals and their families to support them to be independent and to be fully integrated members of their communities. The current offer of support to individuals who are on the Autism Spectrum is also limited and currently there is no specialist NHS and or Council provision to support this service user group effectively.

Equally, it is accepted that the personalisation agenda, where the Council and subsequently the CCG, through Personal Health Budgets, promotes and supports service users and their carers to be the experts in their care and support has not been fully implemented.

This has created a culture where individuals have become dependent and reliant on traditional models of care and support, such as residential care rather than a culture which promotes independence and the notion that every person can contribute to their community. This has been recognised as a difficulty for local authorities nationally and Wiltshire Council and Wiltshire CCG are committed to working effectively with partners across the health and social care system, to improve services for people with a Learning Disability and or ASD from birth throughout adulthood.

In order to do this Wiltshire Council and Wiltshire CCG must review its current services, establish gaps in provision and work with service users, carers and the voluntary sector to co-create services for the future.

**Presenter name:** Claire Edgar

**Title:** Director of Adult Social Care Operations, Mental Health and Learning Disabilities

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### **1. Purpose of Report**

This paper seeks to highlight the work being undertaken as part of a review into the delivery of services for people with a Learning Disability and or ASD within Wiltshire, taking into consideration a Whole Life Pathway for individuals with complex and or additional needs.

This report will highlight in brief the direction of travel required to improve service provision for individuals with a Learning Disability and or ASD and the rationale for the need for such a review of services.

### **2. Background**

Adult social care recognises the work undertaken by FACT, the Families and Children's Transformation programme (Whole Life Pathway, workstream) in 2018, which identified through co-production concerns by service users and their carers who had or were due to transition from children's services to adults services who described the experience as a 'cliff edge'.

Adult social care also recognises the need to modernise its current offer to ensure it is able to be an equitable service to individuals who may not have a diagnosed Learning Difficulty but may have significant cognitive and or neurological conditions, such as ASD.

This is particularly important given the emerging data which states the majority of children and young people who are likely to transition from Families and Children's social care to Adult social care have an Autism diagnosis and currently there is no clear pathway for these individuals to transition to, nor is there any specialist commissioned services available for them, should they require it, on the NHS in Wiltshire.

The review of Learning Disability services will fall under the Whole Life Pathway workstream to ensure it encompasses transitions from Children's services to Adults services and that it pays close attention to the service users without any formal diagnosis but who still require care and support beyond childhood.

The workstream leads (Claire Edgar, Director Adult Social Care Operations, Mental Health and Learning Disabilities and Lucy Townsend, Director of Families and Children) will report directly into the FACT Operation Group and Executive Board to ensure the development of services takes a systemic integrated approach that will recognise the need:

- to enable individuals with a Learning Disability (and those with complex and or additional needs such as ASD) to be able to access universal services more successfully to increase their connectivity to their own community,

- to build resilience in local communities to enable individuals to live as independently and safely as possible in order that they do not have to live in institutions, sometimes out of Wiltshire

and to ensure

- services are able to respond proactively by intervening earlier to avoid crisis and work with service users and their carers to promote an active and engaging life filled with opportunities.

The Whole Life Pathway will be designed to reduce the impact of transitioning from Family and Children's Services into Adult Services and where people, no longer require the input of statutory services that there is a step-down approach which ensures that the 'cliff edge' parents and carers described when moving through services is reduced.

Both the CCG and the Council also recognise that further work is required to support adults currently receiving services to progress towards independence where appropriate.

It is envisaged that the Learning Disability in house provision will be developed to work towards a new 'enablement' model designed to maximise independence, choice and control.

The CCG's review will need to link with a planned at scale review of Learning Disability and ASD health services across the BaNES, Swindon and Wiltshire (BSW) and wider to include Bristol, North Somerset and South Gloucestershire (BNSSG) footprints. BSW are also co-creating a Mental Health Strategy and Vision, which includes Learning Disability and ASD.

### **3. Main Considerations**

The Whole Life Pathway will ensure individuals with a Learning Disability (and those with complex and or additional needs such as ASD) and their carers are given more opportunity to take control of important areas of their lives including service and support arrangements. It will play close attention to understanding the needs of children and young people transitioning into adult services as well as a commitment to design services to meet the needs of the changing population of adults with a Learning Disability (and those with complex and or additional needs such as ASD) in Wiltshire.

This new approach will promote individual's rights, support them to make choices, to enable them to lead independent lives and to be included in society. The approach mirrors the BSW health strategy and vision in relation to supporting community resilience and reducing preventable demand on secondary statutory services.

It is proposed that a commitment and direction of travel is established that enables people to transform their lives from one where they simply live and exist in communities using specialist services, into one where they live as part of their community. People's needs will be met in the least restrictive settings possible, based on risk assessments.

In order to deliver the vision outlined above an extensive programme of work is required over the next two to three years, which will require significant partnership working both internal and external to the Council. It will require a programme management approach to ensure each key area is properly managed and that identified outcomes are delivered in a timely way.

Central to developing the approach is co-production to ensure that staff,

partners, service users, (adults and children and young people) and their parents and carers are at the centre of developing services that meet needs and improve outcomes for the citizens of Wiltshire who have additional and complex needs.

This will be co-ordinated by the Transformational Lead for the Whole Life Pathway who will focus on redesigning and shaping Learning Disability services with Commissioning colleagues to develop a Whole Life Pathway which has a Joint (Health and Social Care) Commissioning Strategy underpinning it, which reflects the model outlined above incorporating not just Learning Disability services but reflects the need to provide services for individuals who are on the Autism Spectrum and those who may require access to other specialist mental health provision.

#### **4. Next Steps**

- The review of current Learning Disability services will come under FACT governance and will include service provision for individuals who have other complex needs and neurological conditions (for example but not exclusive to ASD) and will form part of the new Whole Life Pathway approach
- The appointment of a Transformational Lead for the Whole Life Pathway will commence
- A strategy and vision for the Whole Life Pathway will be co-produced with key stakeholders, service users, families and carers with clear objectives and timescales.
- Partners will ensure there are clear work streams to avoid any duplication with interdependent strategy developments and pathway reviews

**Presenter name: Claire Edgar**

**Title: Director of Adult Social Care, Operations Mental Health and Learning Disability**

**Organisation: Wiltshire Council**

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